

# APC40 MK2

## Ableton Live 12 Getting Started

APC-only zero-to-one live-looping setup

**Connect -> Configure -> Launch -> Mix -> Record**

apc40-mk2-ableton-start (0.2.0-dd45fa)

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*Codex with ChatGPT 5.5*

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## APC-only zero-to-one live-looping setup with Kiffness-style practice scenes

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## 1 Start Here

This is a separate book for the new Akai APC40 MK2. It assumes one controller only: the APC40 MK2 connected to Ableton Live 12. Do not connect the MPK yet. Do not build a combined rig yet. The first goal is to make the APC feel obvious: clip grid, scene launch, faders, track buttons, device knobs, sends, transport, and recording a simple performance into Arrangement View.

This guide is deliberately detailed. It is for the first sitting where the controller is new, Ableton Session View is still unfamiliar, and every light on the APC could mean three different things. The goal is not to memorize every button. The goal is to build one small, repeatable live set, press the correct controls in the correct order, and understand why they worked.

The visual plates in this book are original recreated diagrams and setup panels. They are not copied frames from YouTube, not screenshots from Ableton, and not Akai product art. They are intentionally screenshot-like because the practical need is visual: where to click, what to select, what button to press, and what the APC should be doing at that moment.

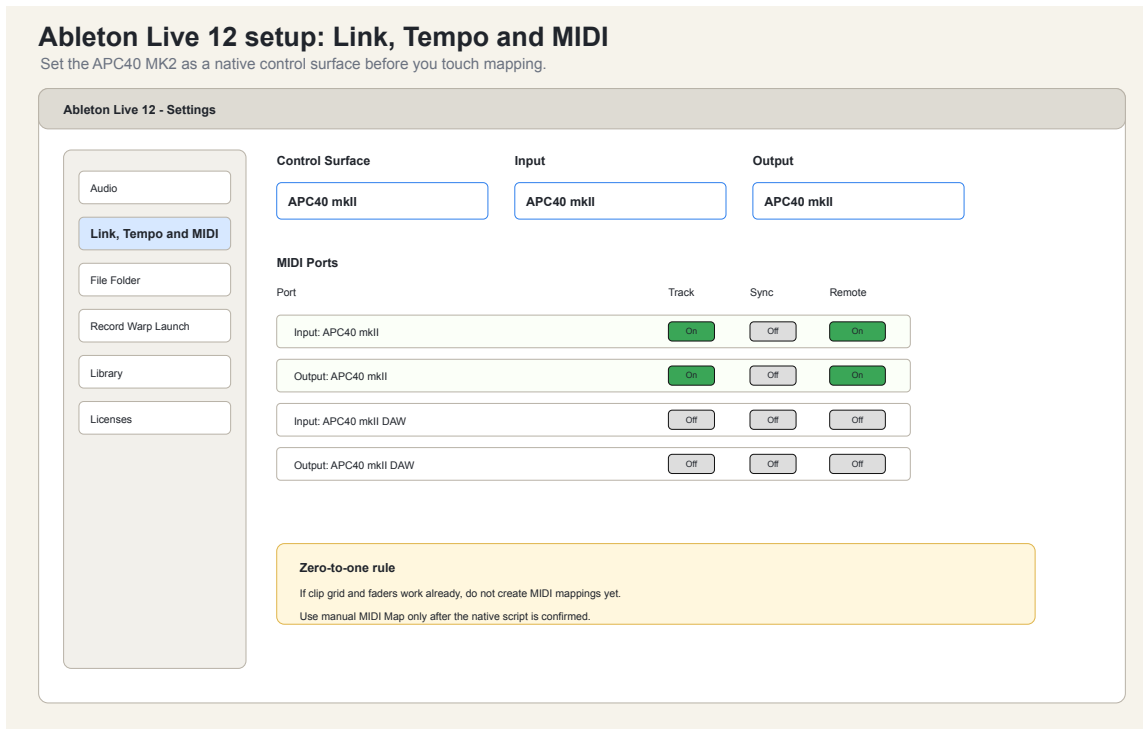


Figure 1: Ableton Live 12 MIDI settings for APC40 MK2.

## 1.1 How To Use This Book

The book is chunked into sittings. Each chapter is one sitting: a short watch segment, a hands-on build or exercise, and a checkpoint that tells you what you should see and hear before moving on. Do not read ahead of your hands.

1. Read the chapter once.
2. Watch the video segment named in the chapter's watch box, if there is one.
3. Do the steps with your own hands on your own APC.
4. Verify the checkpoint.
5. Stop, or continue to the next chapter if you are fresh.

Checkpoints look like this:

**Checkpoint.** The APC grid lights up with your clip colors and pressing a lit button starts a loop. If not, nothing later in the book will work; go to the troubleshooting chapter first.

Two more habits that pay off immediately:

- **Keep a practice photo journal.** At every checkpoint, take a quick phone photo of your own rig: the APC lights, the Ableton window, the Settings panel. When something breaks next week, you will have a picture of the last working state. Your own photos are also the only screenshots you can publish anywhere without rights questions.

- **Name and save constantly.** Every exercise here has an exact set name. Live crashes are rare, but a lost unnamed set kills a practice evening.

This book has a companion animated browser tutorial, “APC40 MK2 Don’t Cry Tonight Ableton Lab”, on the project’s GitHub Pages site. It walks the same Don’t Cry Tonight build step by step with an animated APC surface and Session grid. Use the book for depth and the tutorial for rehearsal.

## 2 Meet Ableton Live 12

Skip this chapter only if you have already made loops in Ableton. If you have never seen Ableton – or any DAW – read this first. Nothing in it requires the APC.

A DAW (digital audio workstation) is a program that records, plays, and loops music. Ableton Live is a DAW with a special trick: **Session View**, a grid where every cell holds a loop that you can start and stop in time with everything else. The APC40 MK2 is a physical copy of that grid with real buttons, real faders, and real knobs. Ableton is the instrument; the APC is how you play it.

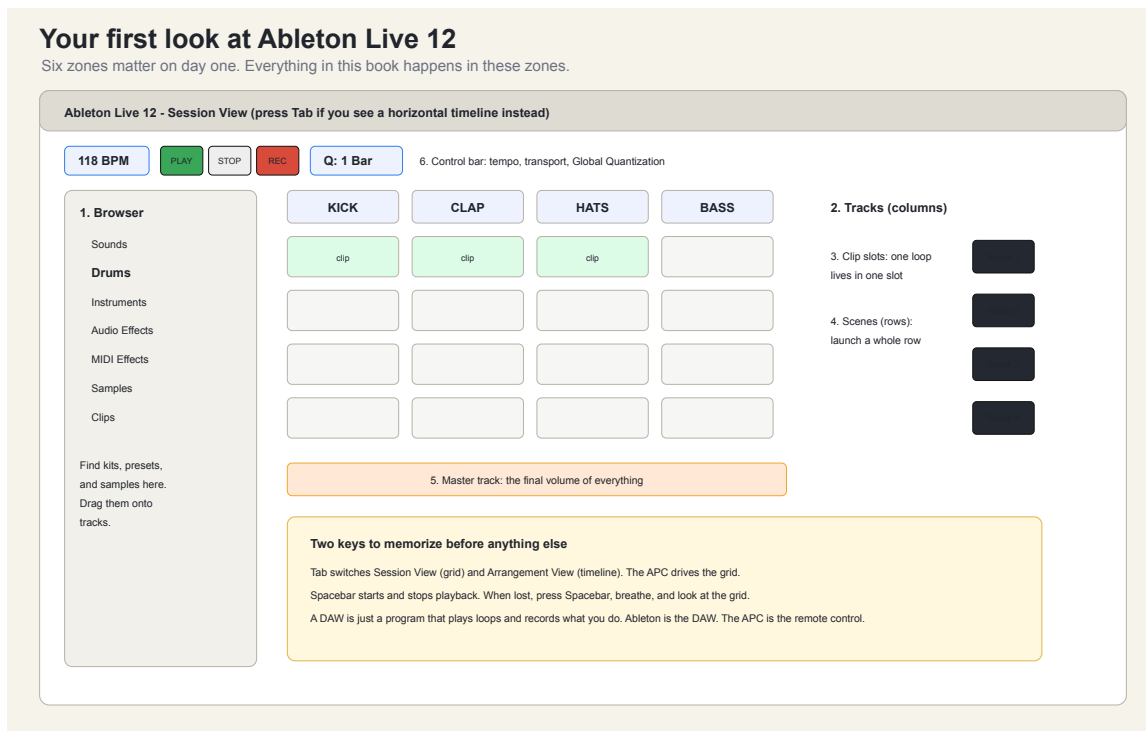


Figure 2: Your first look at Ableton Live 12.

When Live 12 opens you will see one of two layouts:

- **Session View:** a grid of rectangles arranged in columns. This is the view this whole book lives in.
- **Arrangement View:** a horizontal timeline, like a video editor. You will use it only at the very end, to record and review your performance.

Press the **Tab** key to flip between them. Do it a few times now so the flip never surprises you again.

## 2.1 The Six Zones That Matter

Match these against the plate above:

Zone	What it is	Why you care
Browser (left edge)	Searchable library of instruments, kits, samples	Every sound in your set starts here.
Tracks (columns)	One instrument or sound source each	One APC column = one track.
Clip slots (cells)	Each holds one loop (“clip”)	One APC grid button = one slot.
Scenes (rows)	A row of clips across all tracks	One APC scene button = one row.
Master (right column)	The final output level	If this is down, nothing is loud.
Control bar (top)	Tempo, play/stop/record, Global Quantization	Tempo lives here; so does the 1 Bar launch grid.

## 2.2 Words This Book Uses Constantly

Word	Meaning
Clip	One loop in one slot: a bar of drums, a chord pad, a riser.
Scene	A whole row of clips launched together: a musical section.
Launch	Start a clip or scene, quantized to the beat.
Quantization	Live waits for the next bar line before acting, so you cannot be off-beat.
Session ring	The red rectangle in Live showing which 8x5 block the APC currently controls.
Send / Return	A knob that feeds a track into a shared effect (reverb, delay).
Macro	One knob that controls a group of effect parameters at once.
Warp	Live stretching audio to match your tempo.
Arm	Make a track ready to record.

## 2.3 Three Keys, One Habit

- **Tab**: switch Session and Arrangement View.
- **Spacebar**: start and stop playback.
- **Cmd+S** (Ctrl+S on Windows): save. After every step that works.

**Checkpoint.** You can open Live 12, say which view you are looking at, flip views with Tab, and point at the browser, a track, a clip slot, a scene, and the tempo field without hunting.

## 3 Source Video Pack

The best zero-to-one path is not one video. APC40 MK2 videos tend to split into three buckets: hardware operation, Live setup, and performance workflow. I used the following source pack to shape this book.

Primary APC walkthrough:

- Meta Mind Music, “Learn the APC40 mk2 Controller In 30 - The best Ableton mixer!” Length: 29:56. URL: <https://www.youtube.com/watch?v=hUo2xowjr0U>
- Why it matters: this is the most useful APC40 MK2 beginner walkthrough found for the surface itself. Its chapter path covers setup, mixer controls, transport controls, device controls, clip/session controls, global controls, and pro tips.

Official APC walkthrough:

- Akai Professional, “APC40 mkII - Demo, Features, and Operation in Ableton Live.” Length: 12:45. URL: <https://www.youtube.com/watch?v=IAWy2TVtXo8>
- Why it matters: this is the official APC40 mkII operation overview. It covers clips and scenes, mixer, device control, transport, track control, footswitch, and customization.

Workflow video:

- Random Noise, “Why I love this Ableton Controller and How I Use It.” Length: 25:40. URL: <https://www.youtube.com/watch?v=BoFqQGtyG3o>
- Why it matters: useful for thinking of the APC as an arranging and performance surface, not just a grid of buttons.

Fast arrangement overview:

- Tony Tyson, “A Really Quick Guide To Using The Akai APC40 MkII.” Length: 9:02. URL: <https://www.youtube.com/watch?v=POb406So534>
- Why it matters: quick arrangement-on-the-fly overview. Good after the first setup works.

Set preparation:

- Isotonik Studios, “Ableton Live - Preparing your set for the APC40 / Launchpad.” Length: 9:40. URL: <https://www.youtube.com/watch?v=76WvQNJb1bk>
- Why it matters: practical set-preparation ideas: crop clips, color tracks, and make the controller readable.

Ableton 12 Session View:

- MusicRadar Tech, “How to use Session View to turn loops into full tracks in Ableton Live 12.” Length: 14:28. URL: <https://www.youtube.com/watch?v=o8diEg51rZs>
- Why it matters: Live 12 Session View framing for turning loop ideas into song structure.

Official documentation used for the exact behavior:

- Akai APC40 mkII User Guide: <https://cdn.inmusicbrands.com/akai/attachments/apc40II/APC40%20mkII%20-%20User%20Guide%20-%20v1.0.pdf>
- Ableton APC40 mkII controller page: <https://www.ableton.com/en/products/controllers/apc40mkii/>
- Ableton Live 12 Manual, MIDI and Key Remote Control: <https://www.ableton.com/en/manual/midi-and-key-remote-control/>
- Ableton Live 12 Manual, Session View: <https://www.ableton.com/en/manual/session-view/>
- Ableton Live 12 Manual, Launching Clips: <https://www.ableton.com/en/manual/launching-clips/>
- Ableton Help, Using Control Surfaces: <https://help.ableton.com/hc/en-us/articles/209774285-Using-Control-Surfaces>

### 3.1 Watch Order

Do not watch the source pack in random order. Use this order:

1. Watch the Akai official APC40 mkII video once without touching anything.
2. Watch the Meta Mind Music video with the APC on your desk.
3. Pause at the setup section and configure Ableton exactly.
4. Watch the mixer and device-control sections while moving only those controls.
5. Watch the Isotonik set-preparation video after you understand the grid.
6. Watch the MusicRadar Live 12 Session View video when you are ready to turn loops into a performance.
7. Watch the Random Noise workflow video after you can launch, fade, mute, and record a simple set.

This book compresses that path into a single project.

### 3.2 Watch In Segments, Not Marathons

Do not watch any of these videos end to end in one sitting. Each chapter of this book names the one segment worth watching right before you do that chapter’s work. Use the chapter list under each YouTube video (or the chapter markers on the seek bar) to jump straight to the named segment.

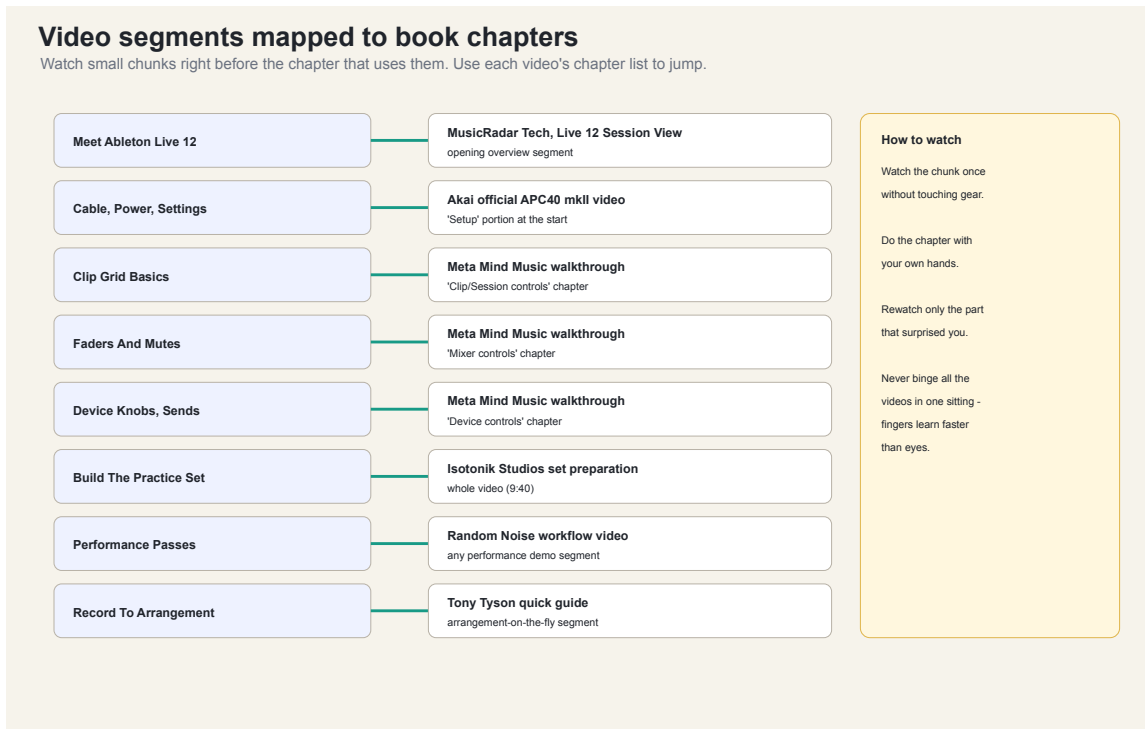


Figure 3: Video segments mapped to book chapters.

Before this chapter	Watch this segment
Meet Ableton Live 12	MusicRadar Tech Live 12 video: the opening Session View overview.
Cable And Power + Settings	Akai official video: the setup portion at the start.
Clip Grid Basics	Meta Mind Music: the clip/session controls chapter.
Tracks, Faders, And Mutes	Meta Mind Music: the mixer controls chapter.
Channel Knobs and Device Control	Meta Mind Music: the device controls chapter.
Build The APC-Only Practice Set	Isotonik Studios set-preparation video, whole thing (9:40).
Performance chapters	Random Noise: any live performance demonstration segment.
Record The APC Performance	Tony Tyson: the arrangement-on-the-fly segment.

The watch boxes in each chapter repeat this, so you never need to come back to this table. The rule is always the same: watch the chunk once without touching gear, do the chapter with your hands, rewatch only the part that surprised you.

## 4 What The APC40 MK2 Is

The APC40 MK2 is not a keyboard. It is not primarily for playing melodies. It is a physical control surface for Ableton Live's Session View and mixer. Ableton's controller page describes the core idea: a 5 by 8 RGB clip-launching grid, nine faders, eight channel control knobs, and eight device control knobs. The Akai manual explains the same surface in operational terms: the eight columns are tracks, the five rows are scenes, and the buttons at the right launch entire scenes.

That gives you the whole mental model:

Physical APC zone	Ableton job	First-day meaning
8 by 5 clip grid	Session View clip slots	Start one loop on one track.
5 scene buttons	Session rows	Start a whole musical section.
Clip Stop buttons	Track stops	Stop the currently playing clip in a column.
Track selectors	Track focus	Choose the track whose device you want to control.
Track activators	Mute/unmute	Create dropouts without touching the mouse.
Solo buttons	Isolate a track	Diagnose problems, not a normal performance move.
Record-arm buttons	Prepare tracks for recording	Useful later; not central to APC-only playback.
Track faders	Mixer volumes	Make the set feel alive.
Channel knobs	Pan, sends, or user mappings	Use Pan and Sends first; avoid User at first.
Device knobs	Current device parameters	Control macros, filters, delays, and racks.
Crossfader	A/B blend	Performance transitions.
Play, Record, Session	Transport and recording	Start Live, capture the performance.

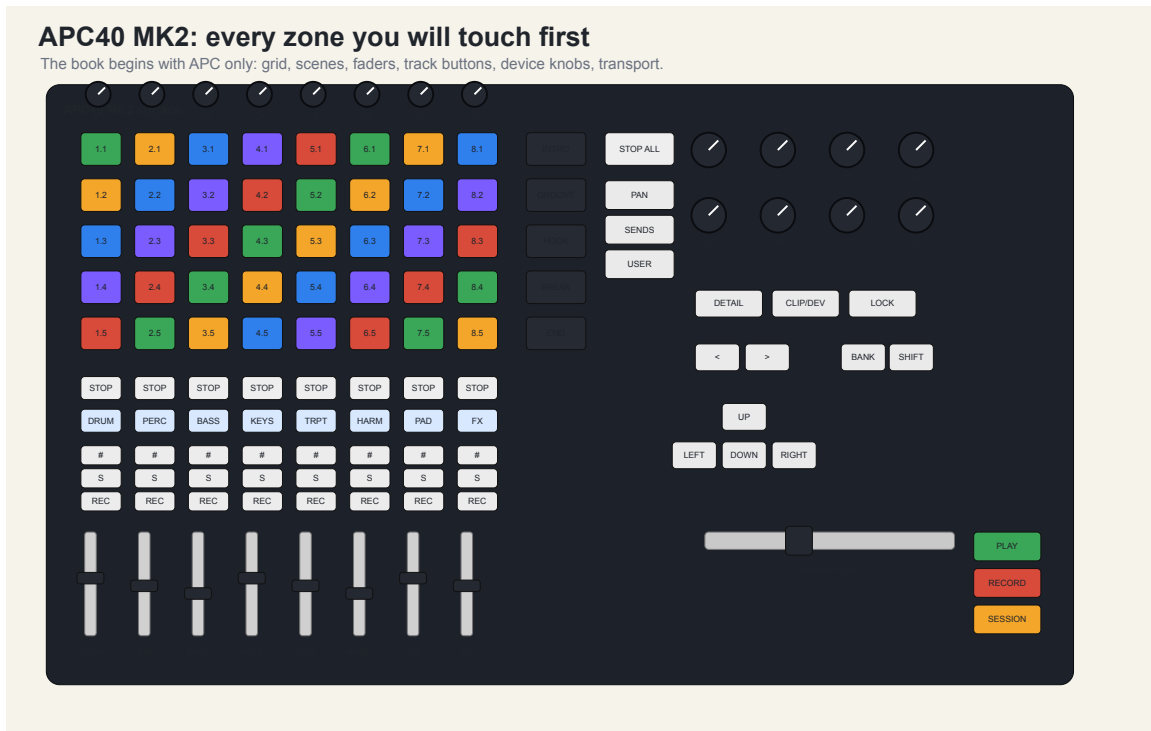


Figure 4: APC40 MK2 zones used first.

## 4.1 First-Day Rule

For the first day, do not manually MIDI-map anything until the native APC script works. The APC40 MK2 is designed to correspond to Ableton Live automatically. Manual mapping is powerful, but it can hide whether the native script is working.

Use this order:

1. Make Live recognize the APC40 MK2 as a Control Surface.
2. Confirm the grid rectangle appears in Session View.
3. Confirm clip launch buttons trigger clips.
4. Confirm faders move track volumes.
5. Confirm track activator buttons mute and unmute tracks.
6. Confirm Device Control knobs move the selected device.
7. Only then consider User mode or manual MIDI Map.

## 5 Cable And Power

**Watch first.** Akai official APC40 mkII video, the setup portion at the start: <https://www.youtube.com/watch?v=IAWy2TVtXo8>. Two minutes, then come back.

Before launching Live:

1. Put the APC40 MK2 flat on the desk.

2. Connect its USB cable directly to the Mac if possible.
3. Avoid a hub for the first setup.
4. Turn the APC power switch on.
5. Wait a moment for macOS to see it as a MIDI device.
6. Open Ableton Live 12.

The APC is USB-powered. If it does not light up, first suspect the cable, port, or hub. A direct cable to the Mac removes one whole class of problems.

Do not connect the MPK, audio interface MIDI ports, or any other controller for the first setup. If another MIDI controller is connected, Ableton can still work, but troubleshooting becomes noisier.

## 6 Ableton Live 12 Settings

Ableton 12 may call the window Settings. Older videos may say Preferences or MIDI/Sync. Treat these as the same destination:

Live > Settings > Link, Tempo and MIDI

On Windows, the path is usually:

Options > Settings > Link, Tempo and MIDI

### 6.1 Native Control Surface Setup

Use these exact choices first:

Field	Set to
Control Surface	APC40 mkII
Input	APC40 mkII
Output	APC40 mkII

If Ableton auto-detects the APC, these may already be filled in. If they are filled in correctly, leave them alone.

If you see more than one APC port name, choose the pair that matches the normal APC40 mkII input and output. Port names can vary slightly by macOS, Ableton version, and driver state. The test is practical: after closing Settings, the Session View ring should move when you bank the APC, and the clip grid should light with the clip colors.

### 6.2 MIDI Ports

For this beginner book:

Port	Track	Sync	Remote
Input: APC40 mkII	On	Off	On
Output: APC40 mkII	On	Off	On

Why:

- Track lets MIDI notes and control data reach tracks when needed.
- Remote lets Live receive controller commands and send feedback.
- Sync is not needed for APC-only setup unless you are synchronizing tempo with another device. Leave it off for now.

If your APC works with Track Off because the native script handles everything, that is fine. The important beginner state is this: native Control Surface selected, correct Input and Output selected, and Remote available for feedback or manual mappings later.

### 6.3 Immediate Test

After closing Settings:

1. Open Session View with the Tab key if Arrangement View is visible.
2. Create or open a set with at least one clip.
3. Look for Ableton's highlighted Session ring around a block of clips.
4. Press APC Bank Right.
5. The Session ring should move right.
6. Press Bank Left.
7. The Session ring should move back.

If the Session ring does not move, stop here. Do not continue to clip launching yet. Go to the troubleshooting chapter and fix recognition first.

**Checkpoint.** Live's Settings window shows APC40 mkII in all three Control Surface fields, and the red Session ring in Session View moves when you press the APC Bank arrows. Take a photo of the Settings panel for your practice journal — this is the screen you will want to compare against when something stops working.

## 7 The First Empty Set

Create the simplest possible Ableton set before you build the Kiffness exercise. This is your controller test set.

1. Open Live 12.
2. Create a new Live Set.
3. Switch to Session View.
4. Delete extra tracks until you have four tracks if you want less clutter.
5. Add one audio or MIDI clip to Track 1, Scene 1.
6. Add another clip to Track 2, Scene 1.
7. Add a third clip to Track 1, Scene 2.
8. Color the clips different colors.
9. Press the matching APC grid buttons.

Expected result:

- The clip launches on the next quantized boundary.
- The button color roughly follows the clip color.
- The playing state is visible from the APC.
- The corresponding Ableton clip slot also shows activity.

Do not worry about the music yet. This is a hardware check, not a song.

## 8 Clip Grid Basics

**Watch first.** Meta Mind Music walkthrough, the clip/session controls chapter: <https://www.youtube.com/watch?v=hUo2xowjr0U>. Use the chapter list under the video to jump to it.

The APC grid is eight columns by five rows.

- A column is a track.
- A row is a scene.
- A button is a clip slot.
- The five scene launch buttons on the right launch full rows.

The Akai manual says the current 8 by 5 matrix is represented in Live by a rectangle around the clips. That is the key. You are not looking at the whole Ableton set. You are looking at the part of the set currently under the APC.

### 8.1 Clip Launch Buttons

To launch one clip:

1. Find the track column.
2. Find the scene row.
3. Press the grid button at that intersection.

If Global Quantization is set to 1 Bar, the clip will usually wait until the next bar before it starts. This is good. It keeps the performance in time.

If you press a clip and nothing happens:

1. Check that the slot actually contains a clip.
2. Check that you are in Session View.
3. Check that the Session ring is over the clip you think it is over.
4. Check that the track is not muted.
5. Check that the master volume is up.

### 8.2 Scene Launch Buttons

To launch a whole musical section:

1. Look at the right edge of the APC grid.
2. Press the scene button for the row you want.
3. Wait for the quantized launch.

4. Use faders to shape the mix after the row starts.

Scene launching is the APC's superpower. A mouse can launch clips, but a mouse is awkward for launching a row and riding faders. The APC makes the song structure physical.

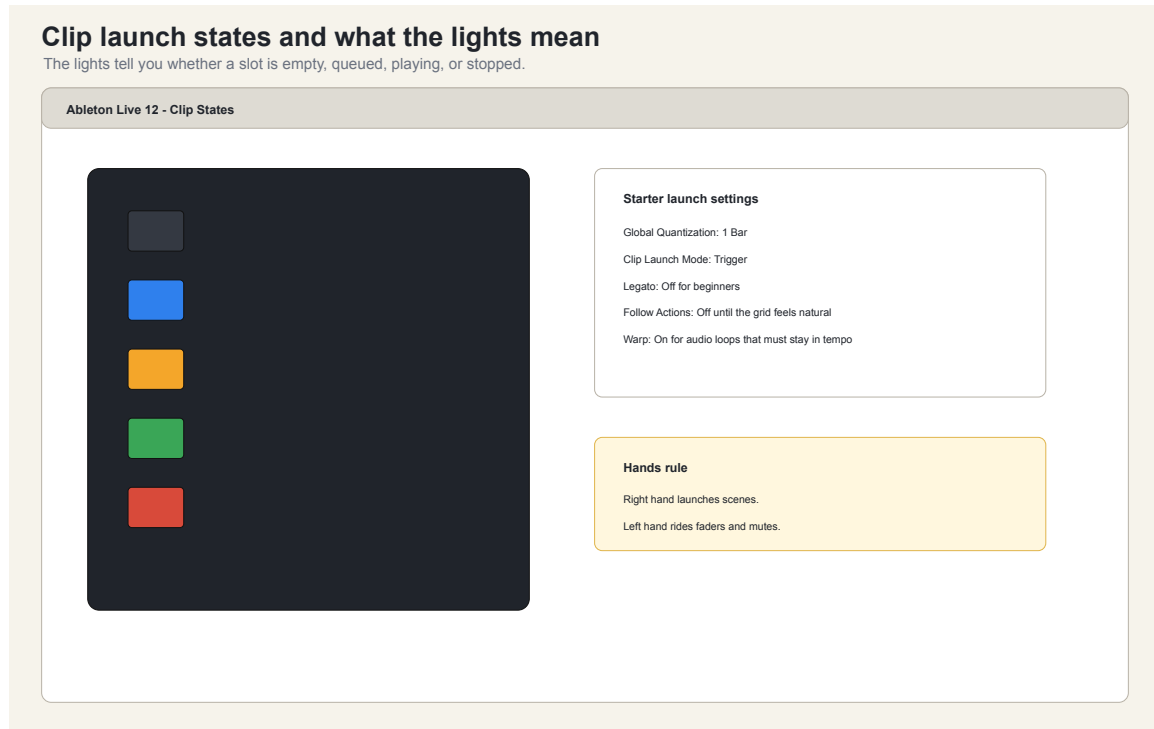


Figure 5: Clip launch states and beginner launch settings.

## 9 Stop Buttons

There are two kinds of stop actions to learn early.

### 9.1 Clip Stop Per Track

The Clip Stop buttons sit under the clip grid, one per track. Pressing a Clip Stop button stops the currently playing clip in that track column.

Use this for:

- removing percussion while bass continues;
- stopping a riser or one-shot FX track;
- cutting keys or pads for a break;
- ending one track while the rest of the scene continues.

### 9.2 Stop All Clips

Stop All Clips stops the Session clips. It is your panic button and your clean ending button.

Use this for:

- recovering from the wrong row;

- ending a practice pass;
- resetting before another take;
- proving to yourself that the APC is controlling the set.

Beginner mistake: pressing Live's main Stop button when you only meant to stop one track. Use Clip Stop for one track. Use Stop All Clips for the entire grid.

## 10 Tracks, Faders, And Mutes

**Watch first.** Meta Mind Music walkthrough, the mixer controls chapter: <https://www.youtube.com/watch?v=hUo2xowjr0U>.

The APC40 MK2 becomes much more musical once you stop thinking of it as just a clip launcher. It is also a mixer.

### 10.1 Faders

Use faders with the left hand:

1. Start the Groove scene.
2. Put all faders down.
3. Raise drums.
4. Raise bass.
5. Raise keys or pads.
6. Bring in trumpet/hook later.
7. Keep FX low until the transition.

Do not slam every fader to the top. A good practice target is:

Track	Starter fader position
Drums	medium-high
Percussion	low-medium
Bass	medium
Keys	medium-low
Trumpet/hook	medium, featured only when needed
Harmony	lower than lead
Pads	low but wide
FX	very low except transitions

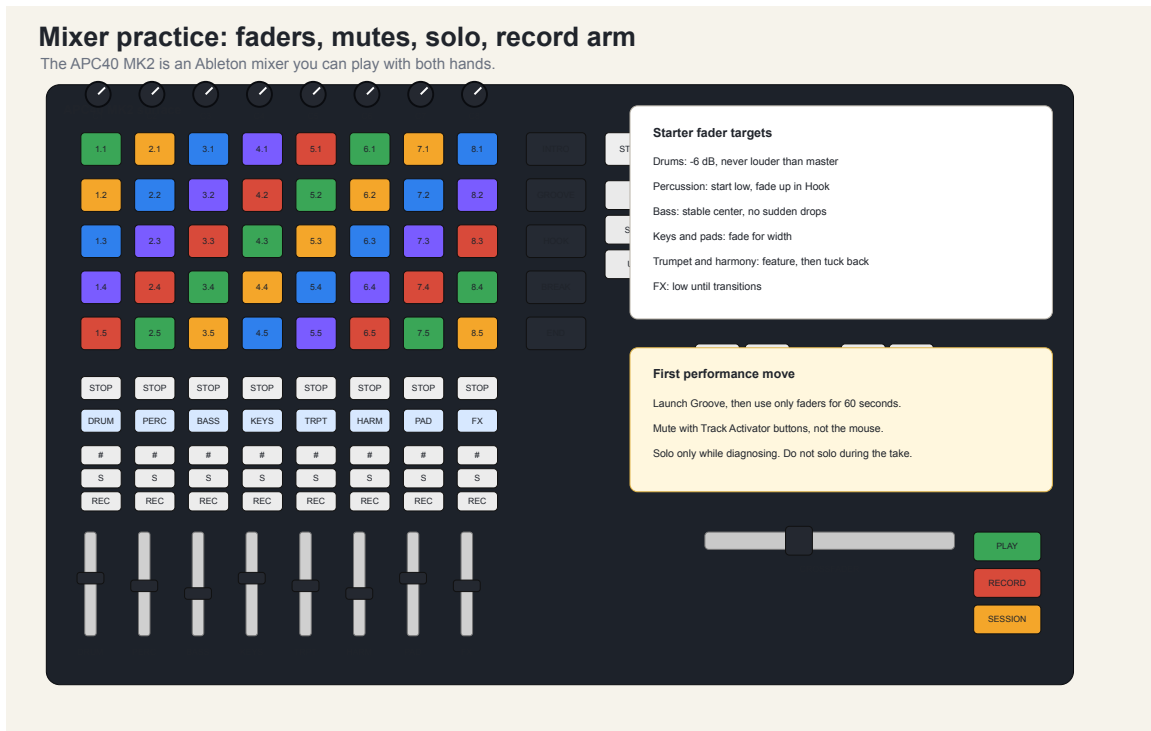


Figure 6: Mixer practice with faders and track buttons.

## 10.2 Track Activator Buttons

The Track Activator button is the mute/unmute button. It has the track number on it. Use it to create arrangement movement.

Practice:

1. Launch Groove.
2. Let all tracks play for four bars.
3. Mute percussion for two bars.
4. Unmute percussion.
5. Mute drums for one bar before the Hook scene.
6. Launch Hook.

This teaches a crucial APC skill: performance is not only starting clips. It is also removing layers.

## 10.3 Solo Buttons

Solo is for diagnosis. If bass is too loud, solo bass, adjust, then unsolo. Do not build your normal performance around Solo. Audiences do not need to hear you check a track in isolation.

## 10.4 Record Arm Buttons

Record Arm matters when recording into clips. Since this first book is APC-only, use Record Arm later. For now, the APC is mainly launching and mixing clips that already exist.

## 11 Channel Knobs: Pan, Sends, User

The row of eight assignable knobs can do different things depending on mode.

### 11.1 Pan Mode

Press Pan. Now the eight assignable knobs control panning for the current eight tracks.

Beginner pan map:

Track	Pan
Drums	center
Percussion	slightly right
Bass	center
Keys	slightly left
Trumpet	center or slightly right
Harmony	left/right spread
Pads	wide but not extreme
FX	whatever makes the transition audible

Do not over-pan bass or kick. Keep low-frequency foundation centered.

### 11.2 Sends Mode

Press Sends. By default, the knobs control Send A for the current eight tracks. If Send A is reverb, each knob controls how much reverb each track receives.

To select another send, the Akai manual describes this gesture:

1. Hold Sends.
2. Press Track Selector 1 for Send A.
3. Press Track Selector 2 for Send B.
4. Release Sends.
5. Turn the assignable knobs.

Beginner return-track plan:

Return	Effect	Use
Return A	Reverb	pads, trumpet, harmony, ending tail
Return B	Delay	trumpet stab, vocal chop, FX throw

### 11.3 User Mode

User mode is for manual MIDI mapping. Do not use it during the first setup. Use it only after:

1. native clip launch works;
2. faders work;

3. mutes work;
4. device knobs work;
5. you know what single parameter is missing from your normal workflow.

Beginner User mode mapping:

1. Press User.
2. In Live, press MIDI Map.
3. Click a parameter, such as Auto Filter Frequency on the FX track.
4. Turn Assignable Knob 8.
5. Exit MIDI Map.
6. Save the set as a template if the mapping is useful.

Manual mappings live in the Live Set. They do not automatically become a global APC behavior for every project.

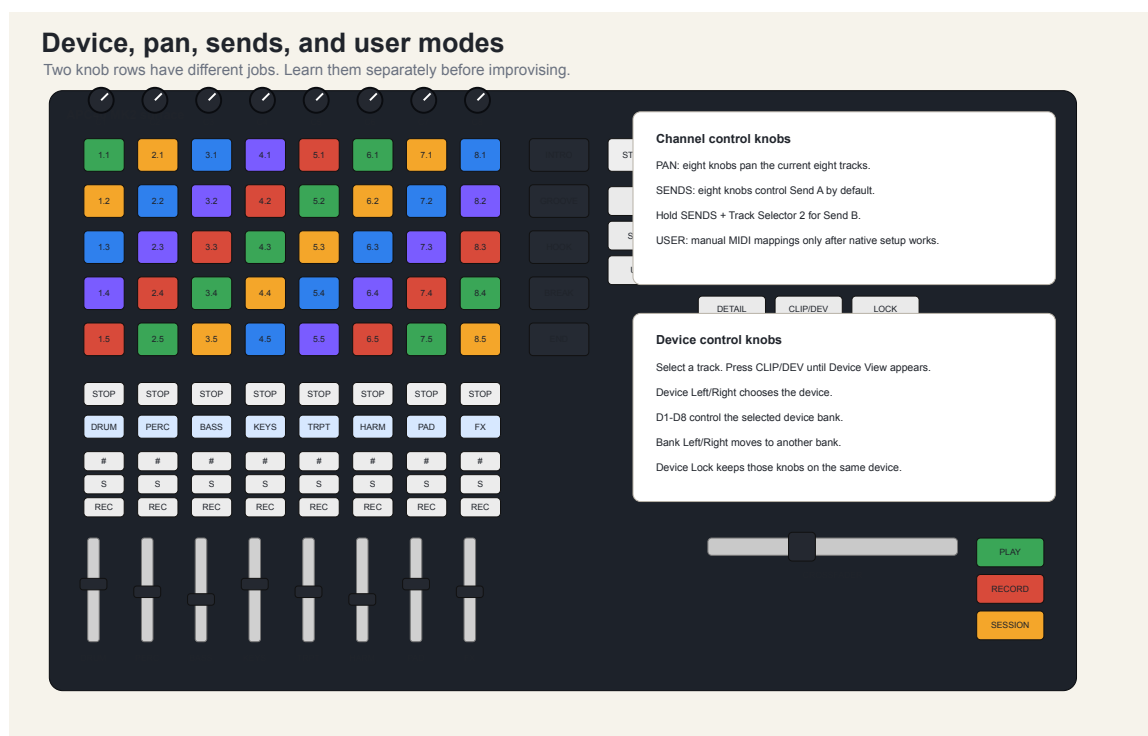


Figure 7: Device, pan, sends, and user mode diagram.

## 12 Device Control Knobs

**Watch first.** Meta Mind Music walkthrough, the device controls chapter: <https://www.youtube.com/watch?v=hUo2xowjr0U>.

The eight Device Control knobs are different from the Channel knobs. Device Control follows the selected track and selected device.

Use this sequence:

1. Press Track Selector 7 for PADS.
2. Press Clip/Dev View until Device View is visible.
3. Use Device Left/Right to select the device or rack you want.
4. Turn Device Control Knob 1.
5. Watch the selected device parameter move.
6. Turn Device Control Knob 2.
7. Use Bank Left/Right if the device has more than eight parameters.
8. Press Device Lock if you want the APC to stay locked to that device.

## 12.1 Beginner Macro Rack

Create an Audio Effect Rack on the FX or PADS track with these macros:

Macro	Device knob	Parameter
Filter Cutoff	D1	Auto Filter Frequency
Filter Res	D2	Auto Filter Resonance
Echo Wet	D3	Echo Dry/Wet
Echo Feedback	D4	Echo Feedback
Reverb Wet	D5	Reverb Dry/Wet
Reverb Size	D6	Reverb Size
Utility Gain	D7	Utility Gain
Width	D8	Utility Width

For the first week, lock the APC to this rack. This makes the Device Control knobs predictable while your hands learn the surface.

## 13 Bank And Session Navigation

The APC grid shows only eight tracks by five scenes at a time. Bigger Live Sets are normal, but the APC needs a current window into them.

### 13.1 Bank Select Buttons

Use the arrow buttons to move the selection one track or scene at a time.

Use this for small moves:

- Track 1 to Track 2;
- Scene 1 to Scene 2;
- selecting the next device or slot without a mouse.

### 13.2 Bank Button Plus Arrows

Hold Bank and press an arrow to move the entire controlled grid:

- left/right by eight tracks;
- up/down by five scenes.

Beginner advice: do not need this in the first APC-only Kiffness practice set. Stay inside eight tracks and five scenes. Save big-set navigation for later.

### **13.3 Shift And Session Overview**

Holding `Shift` can put the clip grid into Session Overview. In that view, each button represents a larger 8-track by 5-scene block in Live. This is excellent for big sets and confusing on day one.

Day-one rule:

1. Know that Session Overview exists.
2. Do not use it for the first exercise.
3. Build the first set to fit one APC grid.

## **14 Kiffness Practice Track Choice**

The selected practice track is:

0h Long Johnson x The Kiffness

Why this one:

- It has more usable layers than a tiny three-part loop.
- The local Kiffness layer inventory includes drums, percussion, bass, keys, trumpet, trumpet harmonies, vocal harmonies, pads, and related transitions.
- It exercises the entire APC surface without requiring the MPK.
- It can be practiced legally as a structure and controller exercise using your own sounds, not as a copy of the recording.

Do not rip the source audio. Do not copy lyrics. Do not include video frames in your final practice artifact. Build an original set that borrows the layer logic: drums, percussion, bass, keys, trumpet-like hook, harmonies, pads, and FX.

## Kiffness exercise track: Oh Long Johnson

This track is chosen because it uses enough layers to justify the APC40 MK2 surface.

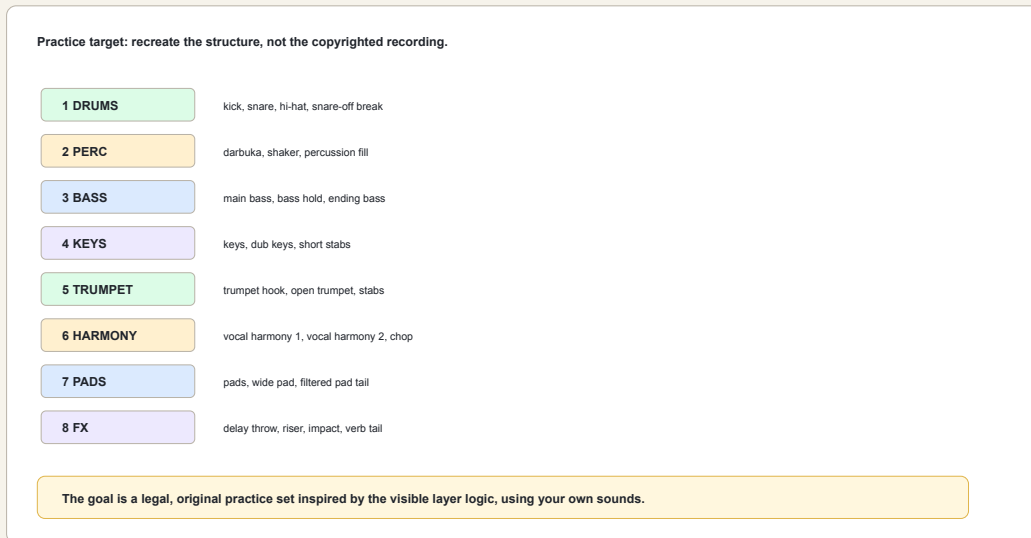


Figure 8: Oh Long Johnson layer map for APC practice.

## 15 Build The APC-Only Practice Set

**Watch first.** Isotonik Studios, “Preparing your set for the APC40 / Launchpad”, the whole 9:40: <https://www.youtube.com/watch?v=76WvQNJB1bk>. This is the one video worth watching end to end before building a set.

Create exactly eight tracks and five scenes. Keep the whole first performance inside one APC grid.

### 15.1 Track Columns

Name the tracks:

1. DRUMS
2. PERC
3. BASS
4. KEYS
5. TRUMPET
6. HARMONY
7. PADS
8. FX

Color the tracks by family:

Track	Color idea
DRUMS	green
PERC	yellow or amber
BASS	blue
KEYS	purple
TRUMPET	red
HARMONY	pink
PADS	teal
FX	gray or orange

The colors matter because the APC grid reflects clip colors. A readable set is easier to play.

## 15.2 Scene Rows

Create five scenes:

1. INTRO
2. GROOVE
3. HOOK
4. BREAK
5. END

Beginner scene logic:

Scene	Musical job	APC job
INTRO	small texture	start calmly
GROOVE	main beat and bass	lock the loop
HOOK	full recognizable moment	launch the biggest row
BREAK	remove drums or reduce density	practice mutes/faders
END	tails and stop	finish cleanly

## Ableton Session View template for the Kiffness practice set

Eight tracks by five scenes match the visible APC grid exactly.

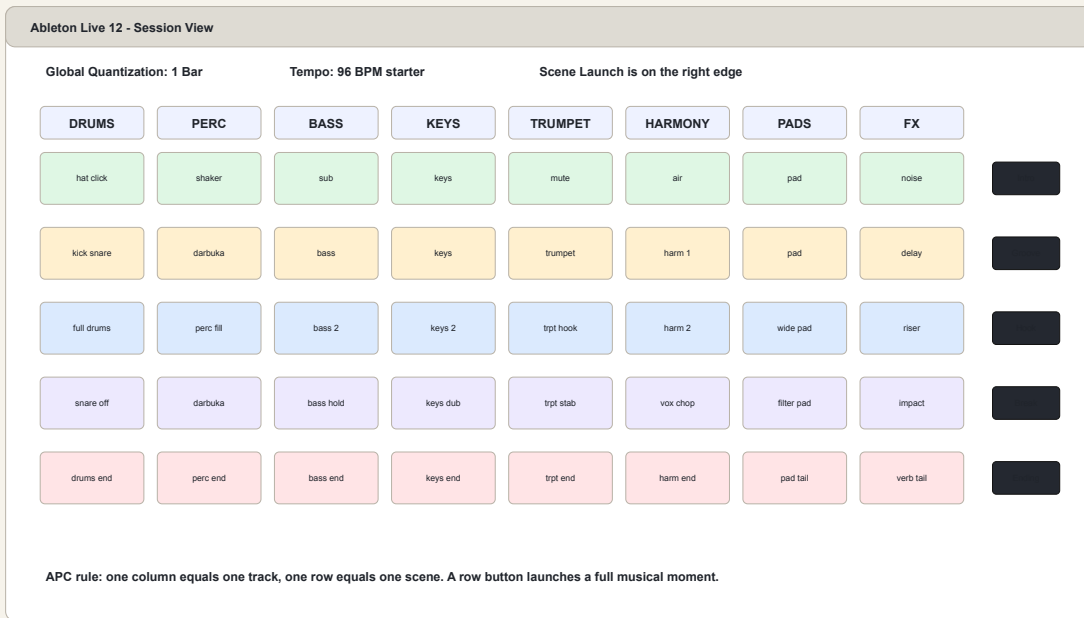


Figure 9: Ableton Session View template for the first APC set.

### 15.3 Clip Slot Plan

Use placeholder clips if you do not have sounds yet. The point is controller fluency.

Scene	DRUMS	PERC	BASS	KEYS	TRUM- PET	HAR- MONY	PADS	FX
INTRO	hat click	shaker	sub pulse	keys hint	mute	air	pad	noise
GROOVE	kick snare	dar- buka	bass	keys	trum- pet	harm 1	pad	delay
HOOK	full drums	perc fill	bass 2	keys 2	trpt hook	harm 2	wide pad	riser
BREAK	snare off	dar- buka	bass hold	keys dub	trpt stab	vox chop	filter pad	impact
END	drums end	perc end	bass end	keys end	trpt end	harm end	pad tail	verb tail

If a clip is missing, leave the slot empty. Empty slots are better than a messy unlabeled set.

### 15.4 Global Quantization

Set Global Quantization to 1 Bar.

Why:

- It lets you press a scene button slightly early.
- It keeps launches musical.
- It gives your hands time to move from scene buttons to faders.

Later, try 1/4 for fast cuts. Do not start there.

## **16 First Performance: Scene Buttons Only**

This exercise uses no faders, no knobs, no mutes. Only scene buttons.

1. Put all track faders around the same medium level.
2. Press Play.
3. Press Scene 1: INTRO.
4. Count four bars.
5. Press Scene 2: GROOVE.
6. Count eight bars.
7. Press Scene 3: HOOK.
8. Count eight bars.
9. Press Scene 4: BREAK.
10. Count four bars.
11. Press Scene 3 again: HOOK.
12. Count four bars.
13. Press Scene 5: END.
14. Press Stop All Clips.

Do this three times before touching faders. The goal is to trust the grid.

## **17 Second Performance: Add Faders**

Repeat the scene-button performance, but add fader moves.

### **17.1 Intro**

1. Pull DRUMS, PERC, and TRUMPET down.
2. Leave PADS and FX low.
3. Launch INTRO.
4. Raise only PADS slightly.

### **17.2 Groove**

1. Launch GROOVE.
2. Raise DRUMS.
3. Raise BASS.
4. Bring PERC up slowly.
5. Keep TRUMPET lower than you think.

### **17.3 Hook**

1. Launch HOOK.
2. Raise TRUMPET.
3. Raise HARMONY.
4. Push PADS wider if needed.
5. Keep FX controlled.

### **17.4 Break**

1. Launch BREAK.
2. Pull DRUMS down or mute it.
3. Let BASS, PADS, and FX breathe.
4. Prepare your hand over the HOOK scene button.

### **17.5 End**

1. Launch END.
2. Fade DRUMS and BASS out first.
3. Let PADS and FX tail.
4. Press Stop All Clips when the tail feels done.

## **18 Third Performance: Add Mutes**

Mutes are more decisive than faders. Practice them after the fader pass.

Try this:

1. Launch GROOVE.
2. Mute PERC for two bars.
3. Unmute PERC.
4. Mute DRUMS for one bar.
5. Launch HOOK.
6. Mute PADS for one bar inside the hook.
7. Unmute PADS.
8. Launch BREAK.
9. Mute TRUMPET.
10. Launch END.

The trick is to think in bars, not random button presses. A mute should sound like an arrangement decision.

## **19 Fourth Performance: Add Sends**

Set Return A to Reverb and Return B to Delay.

### **19.1 Reverb Pass**

1. Press Sends.
2. Select Send A if needed.
3. Launch HOOK.

4. Add reverb to TRUMPET, HARMONY, and PADS.
5. Keep BASS and DRUMS mostly dry.
6. Launch END.
7. Increase reverb on PADS and FX.

## 19.2 Delay Pass

1. Hold Sends.
2. Press Track Selector 2 to select Send B.
3. Launch BREAK.
4. Add delay to TRUMPET stab and FX.
5. Pull delay down before returning to HOOK.

Beginner warning: sends accumulate. If everything is in reverb and delay, the mix loses punch. Use sends for contrast.

## 20 Fifth Performance: Device Control

Build one device rack on PADS or FX. Lock the APC to it.

Recommended rack:

1. Auto Filter.
2. Echo.
3. Reverb.
4. Utility.

Map the first eight macros:

1. Filter Cutoff.
2. Filter Resonance.
3. Echo Wet.
4. Echo Feedback.
5. Reverb Wet.
6. Reverb Size.
7. Utility Gain.
8. Width.

Use it this way:

1. Select the FX track.
2. Press Clip/Dev View until Device View appears.
3. Select the rack.
4. Press Device Lock.
5. Launch GROOVE.
6. Slowly open Filter Cutoff.
7. Launch HOOK.
8. Increase Echo Wet for one bar.
9. Pull Echo Wet down.

10. Launch END.
11. Increase Reverb Wet and Width.

One good effect move is better than eight nervous knob moves.

## 21 Sixth Performance: Crossfader

The crossfader is optional on day one, but the APC gives you a real one, so it is worth a controlled exercise.

Assign tracks:

Track	Crossfader assignment
DRUMS	A
PERC	A
BASS	A
KEYS	Off
TRUMPET	B
HARMONY	B
PADS	B
FX	B

Exercise:

1. Put the crossfader all the way left.
2. Launch GROOVE.
3. You should hear the A-side rhythm section.
4. Slowly move the crossfader to the center.
5. Launch HOOK.
6. Move the crossfader right to reveal B-side melodic layers.
7. Move back to center before BREAK.

Do not use the crossfader as a volume fader. Use it as a transition control.

## 22 Record The APC Performance

**Watch first.** Tony Tyson, “A Really Quick Guide To Using The Akai APC40 MkII”, the arrangement-on-the-fly segment: <https://www.youtube.com/watch?v=POb406So534>.

Once the practice set works, record one pass into Arrangement View.

1. Save the set as APC 0h Long Johnson Practice 01.
2. Return to Session View.
3. Set Global Quantization to 1 Bar.

4. Press Stop All Clips.
5. Put faders in starting positions.
6. Press Arrangement Record in Live or the APC Record button if it is assigned to Arrangement Record.
7. Press Play.
8. Perform the five-scene structure.
9. Use faders, mutes, sends, and one device rack move.
10. Press Stop twice.
11. Switch to Arrangement View.
12. Listen back.
13. Save the set as APC 0h Long Johnson Practice 01 - recorded.

**Record an APC performance into Arrangement**  
 Session View is for playing. Arrangement View captures the performance.

**Ableton Live 12 - Record Performance**

Press Arrangement Record if you want Live to log scene launches, clip launches, fader moves, and mutes.

The screenshot shows a timeline for recording performance. At the top, there are three buttons: a green 'PLAY' button, a red 'ARR REC' button, and an orange 'SESSION REC' button. Below the buttons is a text instruction: 'Press Arrangement Record if you want Live to log scene launches, clip launches, fader moves, and mutes.' The main part of the interface is a timeline with eight tracks listed on the left: DRUMS, PERC, BASS, KEYS, TRPT, HARM, PADS, and FX. Each track has a light blue bar representing the session view and a darker blue bar representing the arrangement view. Green bars on the timeline indicate recorded actions: a green bar on the DRUMS track, a green bar on the BASS track, a green bar on the TRPT track, and a green bar on the PADS track. Blue bars on the PERC, KEYS, HARM, and FX tracks indicate other recorded actions.

After the take: press Stop twice, switch to Arrangement, listen, then save as 'APC 0h Long Johnson Practice 01'.

Figure 10: Recording Session View actions into Arrangement View.

## 22.1 What Gets Recorded

Arrangement recording can capture:

- scene launches;
- clip launches;
- fader moves;
- track activator changes;
- device macro movements;
- send changes;
- crossfader movement.

This is why the APC matters. You are not only triggering loops. You are playing the arrangement.

## 23 Recreate Don't Cry Tonight With APC40 And Ableton

Reference video:

Savage & John.E.S - Don t cry tonight (The official remix)

<https://www.youtube.com/watch?v=zuHLHvZv4Ac>

Length: 5:47

Uploader: John E.S

This chapter translates the mix into an APC40 MK2 and Ableton Live 12 practice set. It does not ask you to copy the original recording, rip the video audio, or publish a remake with uncleared material. The practical goal is to recreate the arrangement feel: Italo-disco pulse, octave bass, emotional synth chords, lead/vocal focus, risers, delay throws, wide chorus, break, and final tag.

Use one of these legal source approaches:

Source approach	Use it for
Your own voice	Best personal version. Sing or speak a short guide phrase.
Lead synth	Best first APC-only version, because no microphone is needed.
Cleared vocal phrase	Best polished version if you have rights.
Private study reference	Fine for learning privately; do not publish uncleared audio.

This chapter is more advanced than the first Kiffness exercise because it uses eight scenes instead of five. That means the APC stays in one visible 8 by 5 grid for the first five scenes, then you press the Down arrow three times to bring scenes 6-8 into the window (the ring moves one scene per press). That navigation move is deliberate: it teaches you to move the APC session window without turning the set into chaos.

## Don't Cry Tonight APC40 remix study

Eight tracks by eight scenes: use APC grid, scene launch, faders, mutes, sends, and device macros.

Ableton Live 12 - Session View

Tempo: 116-122 BPM      Global Quantization: 1 Bar      Practice length: 64 bars

KICK	CLAP	HATS	BASS	CHORDS	LEAD	PAD	FX	
soft kick	empty	hat pulse	empty	filtered	empty	dark pad	noise	Intro
4-on-floor	backbeat	8th hats	octave	low stab	empty	pad	short riser	Groove
kick	clap	hat lift	bass	chords	lead/vocal	pad	delay	Verse
kick	clap	open hat	bass	filter open	answer	wide pad	riser	Lift
full kick	clap	hat+open	full bass	wide chords	main hook	wide pad	crash	Chorus A
full kick	clap fill	hat fill	bass var	chords var	hook var	pad high	delay throw	Chorus B
empty	empty	hat ghost	bass hold	pad chord	lead/vocal	filter pad	impact	Break
kick end	clap end	hat end	bass end	chord end	final hook	tail	verb tail	Tag/End

Legal practice rule: rebuild the feel with your own sounds, cleared vocals, or a lead-synth stand-in.

Figure 11: Don't Cry Tonight APC40 Ableton map.

### 23.1 Listen Like A Remixer

Before building anything, study the reference the way a remixer does: with a worksheet, not a couch. Play the 5:47 video twice. The first time, just listen. The second time, pause at every change and fill in a table like this with your own timestamps:

Your timestamp	Section name	What enters	What leaves
0:00	Intro	...	...
...	First groove	...	...
...	Verse	...	...
...	Chorus	...	...
...	Break	...	...
...	Final tag	...	...

You are listening for six specific ingredients, because they map directly onto the eight APC columns you are about to build:

1. The four-on-the-floor kick and where it drops out.
2. The clap or snare backbeat and its fills.
3. The hi-hat pattern: closed eighths, open hats on the off-beats.
4. The octave-bouncing Italo bass.

5. The emotional chord bed and the wide chorus pads.
6. The lead/vocal hook, its delay throws, and the reverb tails.

Write the answers in your own words. The point of the worksheet is that when you later ask “what should happen in scene 4?”, you answer from your own ears, not from this book. This study stays private; the set you build uses your own sounds.

## 23.2 Ableton Project Setup

Create a new Live Set and save it immediately:

APC Dont Cry Tonight Practice 01

Set:

Setting	Value
Tempo	116-122 BPM
Time signature	4/4
Global Quantization	1 Bar
Count-in	1 Bar if recording new material
Warp	On for audio loops that must follow tempo
Arrangement length target	64 bars for the first practice version

Start at 118 BPM if you do not know where to begin. The earlier GarageBand study used 116-122 BPM as the safe range. Stay in that range until the groove feels right.

## 23.3 Track Columns

Use eight tracks so the first APC grid maps perfectly to the set:

APC column	Ableton track	Purpose
1	KICK	Four-on-the-floor pulse and section anchor.
2	CLAP	Backbeat, fills, and chorus lift.
3	HATS	Eighth-note motion, open-hat transitions, ghost hats.
4	BASS	Italo octave bass and bass holds.
5	CHORDS	Analog pad, synth strings, minor/major emotional bed.
6	LEAD	Lead synth, sung guide, or cleared vocal phrase.
7	PAD	Wide pad, filtered pad, chorus width, ending tail.
8	FX	Risers, impacts, delay throws, noise, reverb tails.

Color the track headers and clips by family:

Track	Color
KICK	green
CLAP	amber
HATS	blue
BASS	purple
CHORDS	red or rose
LEAD	teal
PAD	violet
FX	gray or orange

Do not add more tracks for the first pass. If you need extra layers, resample or combine them into the existing columns. The APC is easiest when one column has one job.

### 23.4 Scene Rows

Create eight scenes:

Scene	Bars	Job
1 INTRO	1-8	Filtered mood: kick hint, hat pulse, dark pad, noise.
2 GROOVE	9-16	Four-on-floor, clap, hats, octave bass.
3 VERSE	17-24	Lead or vocal stand-in enters over restrained arrangement.
4 LIFT	25-32	Open hat, filter opening, riser, wider pad.
5 CHORUS A	33-40	Full drums, full bass, chords, main hook, crash.
6 CHORUS B	41-48	Variation: fills, answer phrase, delay throw.
7 BREAK	49-56	Drums reduced, pad/lead focus, impact into return.
8 TAG/END	57-64	Final hook, bass ending, reverb tail, clean stop.

Scenes 1-5 are visible in the first APC window. To reach scenes 6-8, press the APC Down arrow three times after launching CHORUS A — each press moves the Session ring down by one scene,

so three presses put scenes 4-8 under the grid. Practice that movement slowly: launch CHORUS A, press Down, Down, Down, rest your right hand near the scene buttons, and launch CHORUS B on the next count of 4.

### Reaching scenes 6-8: moving the APC window

The APC sees five scenes at a time. The red ring in Live shows which five.

**Before: ring covers scenes 1-5**

								INTRO
								GROOVE
								VERSE
								LIFT
								CHOR A
								CHOR B
								BREAK
								TAG

**After Down x3: ring covers scenes 4-8**

								INTRO
								GROOVE
								VERSE
								LIFT
								CHOR A
								CHOR B
								BREAK
								TAG

UP

LEFT DOWN RIGHT

BANK

**Practice the move dry**

Launch CHORUS A. While it plays 8 bars, press Down, Down, Down, and rest your finger on the CHORUS B scene button. Launch it on the count of 4. The audience hears one seamless song; your hands did a quiet relocation.

Figure 12: Reaching scenes 6-8 by moving the APC window.

## 23.5 Clip Slot Plan

Build these clips even if they are placeholders at first:

Scene	KICK	CLAP	HATS	BASS	CHORDS	LEAD	PAD	FX
INTRO	soft kick	empty	hat pulse	empty	filtered	empty	dark pad	noise
GROOVE	4-on-floor	back-beat	8th hats	octave	low stab	empty	pad	short riser
VERSE	kick	clap	hat lift	bass	chords	lead/vocal	pad	delay
LIFT	kick	clap	open hat	bass	filter open	answer	wide pad	riser
CHORUS A	full kick	clap	hats+open	full bass	wide chords	main hook	wide pad	crash
CHORUS B	full kick	clap fill	hat fill	bass var	chords var	hook var	pad high	delay throw
BREAK	empty	empty	hat ghost	bass hold	pad chord	lead/vocal	filter pad	impact
TAG/END	kick end	clap end	hat end	bass end	chord end	final hook	tail	verb tail

For the first APC-only version, you can make every clip a simple loop or one shot. The important thing is that every clip slot has a clear job and a readable name.

## 23.6 Sound Design Starter Choices

Use Ableton stock devices first:

Track	Instrument or source	First effect
KICK	Drum Rack or one-shot audio	EQ Eight high-cut only if needed
CLAP	Drum Rack clap/snare	short room reverb send
HATS	Drum Rack hats	Auto Pan or subtle velocity variation
BASS	Analog, Drift, or Wavetable	Auto Filter, light saturation
CHORDS	Analog pad or synth strings	Auto Filter, Chorus-Ensemble
LEAD	bright mono lead or vocal audio	Echo send for phrase endings
PAD	wide pad or resampled chord	Reverb send, filter macro
FX	noise, riser, impact, reverse cymbal	Echo, Reverb, Utility

For the lead/vocal part, begin with a synth. A synth lead lets you learn the APC arrangement without stopping to solve microphone gain, comping, lyric rights, or vocal tuning.

## 23.7 Build Every Clip, Step By Step

This section is the complete zero-to-one build. If you have never made a clip in Ableton before, follow it literally; every mouse action is written out. At the end you will have all 55 non-empty clips from the clip slot plan, and the whole set will be playable from the APC without touching the computer.

Budget two sittings for the build: drums and bass in the first, chords, lead, FX, and scene variations in the second.

### 23.7.1 Step 1: Tempo, Metronome, Count-In

The image shows a screenshot of the Ableton Live 12 Control Bar and Clip Settings window. The title is "Ableton Live 12 - Control Bar and Clip Settings". Below the title, there are five numbered instructions:

- 1. Tempo:** click and type 118, press Enter. Safe range for this study: 116-122 BPM. The tempo field shows "118.00".
- 2. Metronome:** on while drawing clips, off while performing. The MET button is shown as a small circle.
- 3. Global Quantization:** keep at 1 Bar. Every launch waits for the next bar line. The "1 Bar" button is shown.
- 4. Count-In (Settings > Record Warp Launch):** Set Count-In to 1 Bar. When you record, Live clicks one bar of 4 beats before capturing. Your hands get ready instead of scrambling.
- 5. Warp (audio clips only):** If you drop in an audio loop (a riser, a noise sweep), enable Warp in Clip View so it follows your 118 BPM instead of its own speed.

At the bottom, there is a yellow box titled "Why 1 Bar quantization is a beginner superpower" with the following text: "You can press a scene button up to a bar early. Live holds the launch until the bar line, so nothing ever starts off-beat. Press early, then move your hand calmly to the faders. The machine keeps the time; you keep the intent. Later, try 1/4 quantization for fast clip juggling - but not in the first week. If a launch ever feels 'late', you did not miss - you pressed after the bar line. Count '1-2-3-4' and press on '4'."

Figure 13: Tempo, metronome, count-in, quantization, warp.

1. Open your saved APC Dont Cry Tonight Practice 01 set.
2. Click the tempo field at the top left and type 118, then press Enter.
3. Click the metronome button (two small circles) so it lights. You want the click while drawing and recording clips; you will turn it off to perform.
4. Open Live > Settings > Record Warp Launch and set Count-In to 1 Bar.
5. Confirm the Global Quantization menu in the control bar shows 1 Bar.
6. Save.

**Checkpoint.** Press Spacebar. You hear a click at 118 BPM and the play position moves. Press Spacebar again to stop.

### 23.7.2 Step 2: Load The Drum Kit On Three Tracks

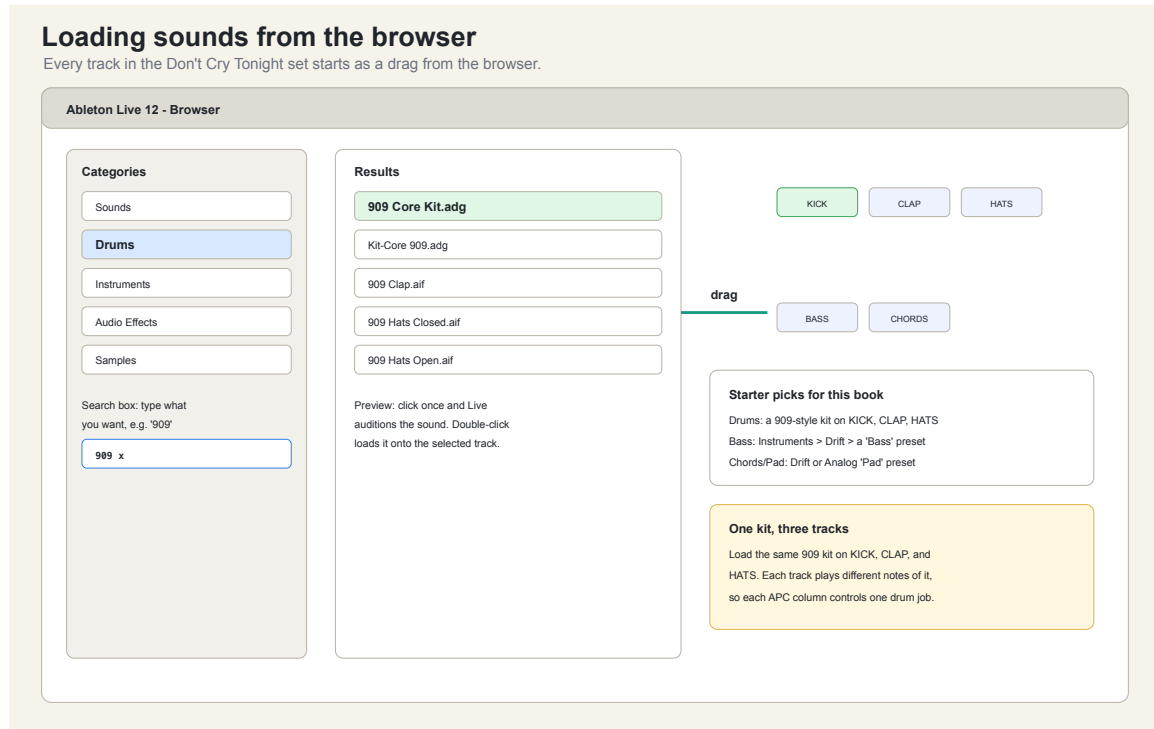


Figure 14: Loading sounds from the browser.

The KICK, CLAP, and HATS columns all play the same drum kit, so each APC column controls one drum job.

1. In the browser, click Drums.
2. Type 909 in the search box. Italo disco and its descendants live on 909-style kits. Any “909 Core Kit” or similar stock kit works.
3. Click a kit once to preview it. Click a few; pick the one that sounds like the reference groove to you.
4. Drag the kit onto the KICK track header.
5. Drag the same kit onto CLAP and HATS.
6. Click the KICK track header, then play a few keys of your computer keyboard (A row) or tap the pads in the kit view to hear the sounds.

If you cannot hear the preview clicks, check the browser’s headphone icon (preview on/off) and the master fader.

**Checkpoint.** Selecting each of the three drum tracks and pressing keys makes drum sounds. The same kit name shows in the device area at the bottom of all three tracks.

### 23.7.3 Step 3: Draw The GROOVE Drum Clips

#### The three drum clips, step by step

One bar = 16 steps. Numbers below show the 1/16 grid; bold columns are the beats.

GROOVE scene drum patterns (draw these exactly, then adjust by ear)

KICK	C1	■			■			■				■					
CLAP	D1			■								■					
CL HAT	F#1	■		■		■		■		■		■		■			
OP HAT	A#1		■				■				■				■		
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

KICK on every beat (1, 5, 9, 13) is the Italo-disco pulse. CLAP on beats 2 and 4 (steps 5, 13).  
Closed hats on every eighth (odd steps). Open hats on the off-beats (3, 7, 11, 15) - 'the disco 'and'.

#### Scene variations from the same three clips

INTRO: copy KICK clip, delete steps 5 and 13, lower velocity to ~70. Copy CL HAT only.

LIFT: same as GROOVE plus OP HAT velocity up to ~110 for urgency.

CHORUS: GROOVE patterns as-is; add a CLAP fill in the last bar (steps 13, 14, 15, 16).

BREAK: delete KICK and CLAP clips entirely; keep only CL HAT at velocity ~50 (ghost hats).

TAG/END: GROOVE patterns; you will fade and stop them from the APC, not edit them.

Figure 15: The three drum clips, step by step.

Draw, do not record, the first patterns. Drawing teaches you where the notes live; recording comes later when your hands know the groove.

## Creating and drawing a MIDI clip

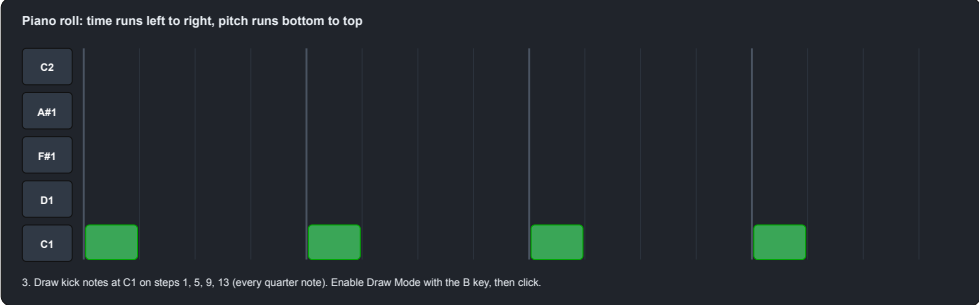
Double-click an empty slot, then draw notes in the piano roll below.

**Ableton Live 12 - Clip View**

1. Double-click the empty KICK slot in Scene 2. A one-bar empty clip appears and starts looping silently.

2. The bottom of the screen becomes Clip View: the piano roll.

Piano roll: time runs left to right, pitch runs bottom to top



3. Draw kick notes at C1 on steps 1, 5, 9, 13 (every quarter note). Enable Draw Mode with the B key, then click.

**Checkpoint**

Press the clip's play triangle (or the matching APC grid button). You should hear a steady four-on-the-floor kick.

If you hear nothing: is the track's little speaker (Track Activator) on? Is the fader up? Is an instrument loaded?

Figure 16: Creating and drawing a MIDI clip.

The kick:

1. Double-click the empty KICK slot in the GROOVE scene row. An empty one-bar MIDI clip appears, and Clip View opens at the bottom.
2. In Clip View, find the kick drum row. In a 909-style Drum Rack it is C1; Live highlights the row name when you click a note lane.
3. Press B to enable Draw Mode.
4. Click steps 1, 5, 9, and 13 on the C1 row: a note on every beat.
5. Press the small play triangle on the clip (or the matching APC button). Four-on-the-floor. Let it loop.

The clap:

1. Double-click the empty CLAP slot in the GROOVE row.
2. Find the clap row (D#1 or D1 depending on the kit; click lanes until you hear the clap).
3. Draw notes on steps 5 and 13: beats 2 and 4.
4. Launch the GROOVE scene from the APC. Kick and clap together.

The hats:

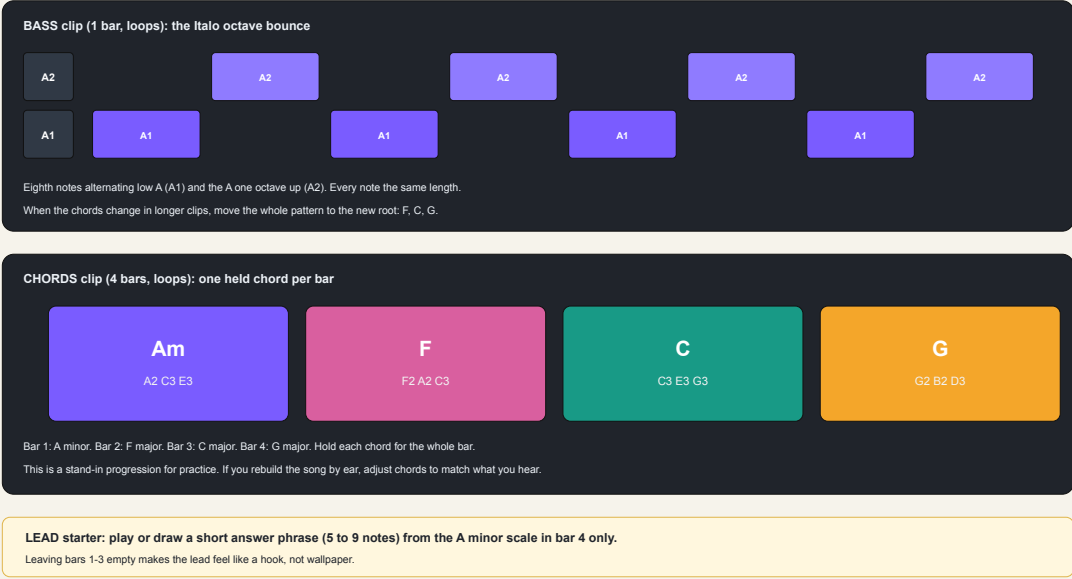
1. Double-click the empty HATS slot in the GROOVE row.
2. Closed hat (F#1): draw every odd step: 1, 3, 5, 7, 9, 11, 13, 15.
3. Open hat (A#1): draw steps 3, 7, 11, and 15 — the disco “and” after every beat. Delete the closed-hat notes on those same steps if the two sound cluttered together.

4. Launch GROOVE again. This is the Italo-disco engine room.

**Checkpoint.** Pressing the GROOVE scene button on the APC plays kick, clap, and hats locked together at 118 BPM, and the three grid buttons show playing green in Live and lit on the APC.

### 23.7.4 Step 4: The Octave Bass

**Octave bass and chord pads in the piano roll**  
The practice key is A minor. Draw these blocks, then trust your ears over the diagram.



**BASS clip (1 bar, loops): the Italo octave bounce**

A2 A2 A2 A2 A2

A1 A1 A1 A1 A1

Eighth notes alternating low A (A1) and the A one octave up (A2). Every note the same length.  
When the chords change in longer clips, move the whole pattern to the new root: F, C, G.

**CHORDS clip (4 bars, loops): one held chord per bar**

**Am**  
A2 C3 E3

**F**  
F2 A2 C3

**C**  
C3 E3 G3

**G**  
G2 B2 D3

Bar 1: A minor. Bar 2: F major. Bar 3: C major. Bar 4: G major. Hold each chord for the whole bar.  
This is a stand-in progression for practice. If you rebuild the song by ear, adjust chords to match what you hear.

**LEAD starter: play or draw a short answer phrase (5 to 9 notes) from the A minor scale in bar 4 only.**  
Leaving bars 1-3 empty makes the lead feel like a hook, not wallpaper.

Figure 17: Octave bass and chord pads in the piano roll.

The practice key is A minor. (The reference may sit in a different key; A minor keeps every note on easy landmarks while you learn the surface. Transpose later if your ears object.)

1. In the browser, click Instruments, open Drift, and find a bass preset. Preview a few; you want round and punchy, not fizzy.
2. Drag it onto the BASS track.
3. Double-click the empty BASS slot in the GROOVE row.
4. Draw eighth notes alternating A1 and A2: low A on the beat, high A on the off-beat, eight notes total, all the same length.
5. Launch GROOVE. The octave bounce against the four-on-the-floor kick is the sound that makes people say “that’s 80s”.

If the bass drowns the kick, pull the BASS fader down a touch — from the APC, not the mouse.

### 23.7.5 Step 5: Chords And Pad

1. Load a pad preset (Drift or Analog, anything labelled pad or strings) onto CHORDS, and a second, wider or softer pad onto PAD.
2. Double-click the empty CHORDS slot in the VERSE row.
3. In Clip View, drag the loop brace to make the clip 4 bars long.
4. Draw one held chord per bar, each lasting the whole bar: bar 1 A2 C3 E3 (A minor), bar 2 F2 A2 C3 (F), bar 3 C3 E3 G3 (C), bar 4 G2 B2 D3 (G).
5. Copy this clip into the LIFT, CHORUS A, and CHORUS B rows: click the clip, press Cmd+C, click the target slot, press Cmd+V.
6. On PAD, make a 4-bar clip in INTRO holding just A2 E3 (a bare, open fifth reads as “dark intro” instantly), and a full-chord wide version in CHORUS A.

**Checkpoint.** Launching VERSE from the APC plays drums, bass, and a four-chord progression that resolves back to A minor every four bars.

### 23.7.6 Step 6: The Lead Hook

The lead stands in for the vocal. Keep it almost embarrassingly simple.

1. Load a bright mono lead preset onto LEAD.
2. Double-click the empty LEAD slot in the VERSE row and make it 4 bars.
3. Draw (or record, if you feel brave — arm the track, press the clip’s record button, wait for the one-bar count-in) a short phrase of 5 to 9 notes from the A minor scale, placed in bar 4 only. Bars 1-3 stay empty.
4. Copy it to CHORUS A and make the chorus version bigger: move it up an octave, or double each note.
5. Make a one-note stab version in BREAK: one held A3 starting on beat 1.

The empty bars matter. A hook that only speaks once per four bars sounds like an answer to the chords; a hook that never stops sounds like a smoke alarm.

### 23.7.7 Step 7: The FX Column

1. Set the FX track’s input to no instrument — it will hold audio clips.
2. In the browser, click Samples and search riser, impact, noise, and cymbal. Preview until you find one of each that fits.
3. Drag a noise loop into INTRO/FX, a short riser into GROOVE/FX, a long riser into LIFT/FX, a crash into CHORUS A/FX, and an impact into BREAK/FX.
4. For each audio clip, open Clip View and confirm Warp is on so it follows 118 BPM (plate 17). One-shot crashes and impacts can stay unwarped.
5. Launch each scene and listen to how the FX glue the transitions.

### 23.7.8 Step 8: Fill The Remaining Scenes

Everything else in the clip slot plan is a copy with a small edit. Copy fast with Cmd+C / Cmd+V, or hold Cmd (Ctrl on Windows) and drag a clip to duplicate it into another slot. Work column by column:

Column	INTRO	LIFT	CHORUS B	BREAK	TAG/END
KICK	copy GROOVE, delete beats 2+4, velocity ~70	copy GROOVE	copy GROOVE	leave empty	copy GROOVE
CLAP	leave empty	copy GROOVE	copy GROOVE, add fill notes on steps 13-16	leave empty	copy GROOVE
HATS	copy GROOVE closed hats only	copy GROOVE, open-hat velocity ~110	copy GROOVE, extra 16th hats in bar ends	closed hats only, velocity ~50	copy GROOVE
BASS	leave empty	copy GROOVE	copy GROOVE, change bar 4 to walk F-G-A	one held A1 whole note	copy GROOVE
CHORDS	filtered stab: one short Am hit per bar	copy VERSE	copy VERSE, revoice top notes up	one held Am for 4 bars	copy VERSE
LEAD	leave empty	short answer phrase	hook variation (change last 2 notes)	copy VERSE lead	copy CHORUS A hook
PAD	dark fifth (done in step 5)	copy INTRO, add C3	copy CHORUS A	copy INTRO	copy CHORUS A
FX	noise (done)	long riser (done)	drag in a delay-friendly one-shot	impact (done)	long reverse cymbal or nothing

Do not chase perfection in any single clip. Every clip gets improved later by ear; the goal of the build is a full, launchable grid.

**Checkpoint.** Launch scenes 1 through 8 in order from the APC (Down arrow three times after CHORUS A). Every scene makes sound, no scene makes a mess, and the set already

vaguely resembles your listening worksheet. Save, and take a photo of the full grid with the clips lit.

### 23.8 Return Tracks

Create two return tracks:

Return	Device chain	Use
A REVERB	Hybrid Reverb or Reverb	chorus width, pad tail, lead space
B DELAY	Echo	lead throw, snare/clap throw, ending repeats

APC move:

1. Press Sends.
2. Use Send A to add reverb to CHORDS, LEAD, PAD, and FX.
3. Hold Sends and press Track Selector 2 for Send B.
4. Use Send B for LEAD and FX only.
5. Keep KICK and BASS mostly dry.

### 23.9 Device Rack For The Mix

Put an Audio Effect Rack on PAD or FX and lock the APC Device Control knobs to it.

Macro map:

Device knob	Macro	Use
D1	Pad Filter	closed in intro, open into chorus
D2	Filter Resonance	small lift before chorus
D3	Delay Throw	one-bar phrase endings
D4	Delay Feedback	build only, then pull back
D5	Reverb Bloom	chorus and ending tail
D6	Noise/Riser Level	lift scene only
D7	Width	chorus width, break contrast
D8	Master FX Trim	emergency control so FX does not swamp the mix

Do not automate all eight macros at once. The main performance gestures are:

1. D1 opens through LIFT.
2. D3/D4 create a short throw in CHORUS B.
3. D5/D7 expand TAG/END.

## 23.10 APC Performance Pass 1: Scenes Only

This pass teaches structure:

1. Press Stop All Clips.
2. Launch INTRO.
3. Count eight bars.
4. Launch GROOVE.
5. Count eight bars.
6. Launch VERSE.
7. Count eight bars.
8. Launch LIFT.
9. Count eight bars.
10. Launch CHORUS A.
11. Press Down three times to move the APC scene window (one scene per press).
12. Launch CHORUS B.
13. Launch BREAK.
14. Launch TAG/END.
15. Press Stop All Clips after the tail.

Do this until scene navigation is boring. Boring is good here. Boring means your hands know where the song is.

## 23.11 APC Performance Pass 2: Faders

Use faders like an arrangement tool:

Section	Fader move
INTRO	PAD and FX low; KICK barely present; BASS down.
GROOVE	Raise KICK, CLAP, HATS, then BASS.
VERSE	Lower hats slightly; bring LEAD up.
LIFT	Raise PAD and FX; do not overpower BASS.
CHORUS A	Bring CHORDS, LEAD, and PAD up together.
CHORUS B	Keep energy high but lower FX after the throw.
BREAK	Pull KICK and CLAP down; leave PAD and LEAD.
TAG/END	Fade KICK and BASS; let PAD and FX tail.

The mix should feel like it opens upward into the chorus. If the chorus does not feel bigger, the problem is usually not the clips. It is the fader plan.

## 23.12 APC Performance Pass 3: Mutes

Track Activator buttons create the 1980s remix drama quickly.

Practice these exact mutes:

1. In GROOVE, mute CLAP for one bar, then unmute.
2. In LIFT, mute KICK for the last beat before CHORUS A.
3. In CHORUS B, mute BASS for one beat before the delay throw.
4. In BREAK, mute KICK, CLAP, and full HATS.
5. In TAG/END, mute LEAD after the final phrase so reverb and pads remain.

Keep mutes short. A one-bar dropout sounds intentional. A random four-bar mute sounds like you lost the track.

### **23.13 APC Performance Pass 4: Sends And Device Macros**

Use one hand on scene/faders and one hand on sends/macros.

Suggested moves:

1. INTRO: D1 low, Reverb A on PAD around medium.
2. GROOVE: keep returns dry; let drums and bass be tight.
3. VERSE: add small Delay B to LEAD.
4. LIFT: open D1 slowly and raise FX.
5. CHORUS A: add Reverb A to CHORDS, LEAD, and PAD.
6. CHORUS B: push D3/D4 for one delay throw, then pull them back.
7. BREAK: lower drums, raise D5 Reverb Bloom.
8. TAG/END: raise D5 and D7, then fade BASS.

If the mix gets cloudy, remove reverb from BASS and KICK first. Then lower PAD. Then lower FX.

### **23.14 The 64-Bar Performance Score**

All four passes combine into one performance. This plate is the whole performance on one page — print it or keep it on a second screen during takes:

## Don't Cry Tonight: the 64-bar performance score

Read left to right. Each column is one 8-bar section. Do the moves in each row.

	INTRO bars 1-8	GROOVE bars 9-16	VERSE bars 17-24	LIFT bars 25-32	CHOR A bars 33-40	CHOR B bars 41-48	BREAK bars 49-56	TAG/END bars 57-64
Scene	Launch 1	Launch 2	Launch 3	Launch 4	Launch 5	Down x3, launch 6	Launch 7	Launch 8
Faders	PAD+FX low	raise KICK CLAP HATS BASS	LEAD up, HATS -1	PAD+FX up	CHORDS LEAD PAD up	FX down after throw	KICK CLAP down	fade KICK BASS
Mutes	-	CLAP off 1 bar, on	-	KICK off last beat	-	BASS off 1 beat	KICK CLAP HATS off	LEAD off after hook
Sends/Macros	D1 closed, Rev on PAD	returns dry	small Delay B on LEAD	open D1 slowly, FX up	Rev A on CHORDS LEAD PAD	D3/D4 throw, pull back	D5 bloom up	D5+D7 up, then still

Print this page or keep it on a second screen. One column per 8 bars; when in doubt, do less.

The only mandatory moves: launch each scene in order, and press Down three times during CHORUS A.

Figure 18: The 64-bar Don't Cry Tonight performance score.

Read it left to right, one column per 8-bar section. The only mandatory moves are the Scene row (launch each scene in order, Down three times during CHORUS A); everything else is optional garnish. When in doubt, do less.

### 23.15 Record The Remix Study

Record a 64-bar performance:

1. Save the set.
2. Press Stop All Clips.
3. Put faders in starting positions.
4. Press Arrangement Record.
5. Press Play.
6. Perform scenes 1-8.
7. Use faders in every section.
8. Use at least three mutes.
9. Use one filter opening.
10. Use one delay throw.
11. Use one reverb tail.
12. Stop after the ending tail.
13. Switch to Arrangement View.
14. Save as APC Dont Cry Tonight Practice 01 - recorded.

Success is a 60-90 second practice edit first. Do not begin by trying to rebuild the full 5:47 video. Once the 64-bar APC performance works, extend the set with more scenes and variations.

## 23.16 Export Your Take

A take that only lives inside a Live set does not feel finished. Export it:

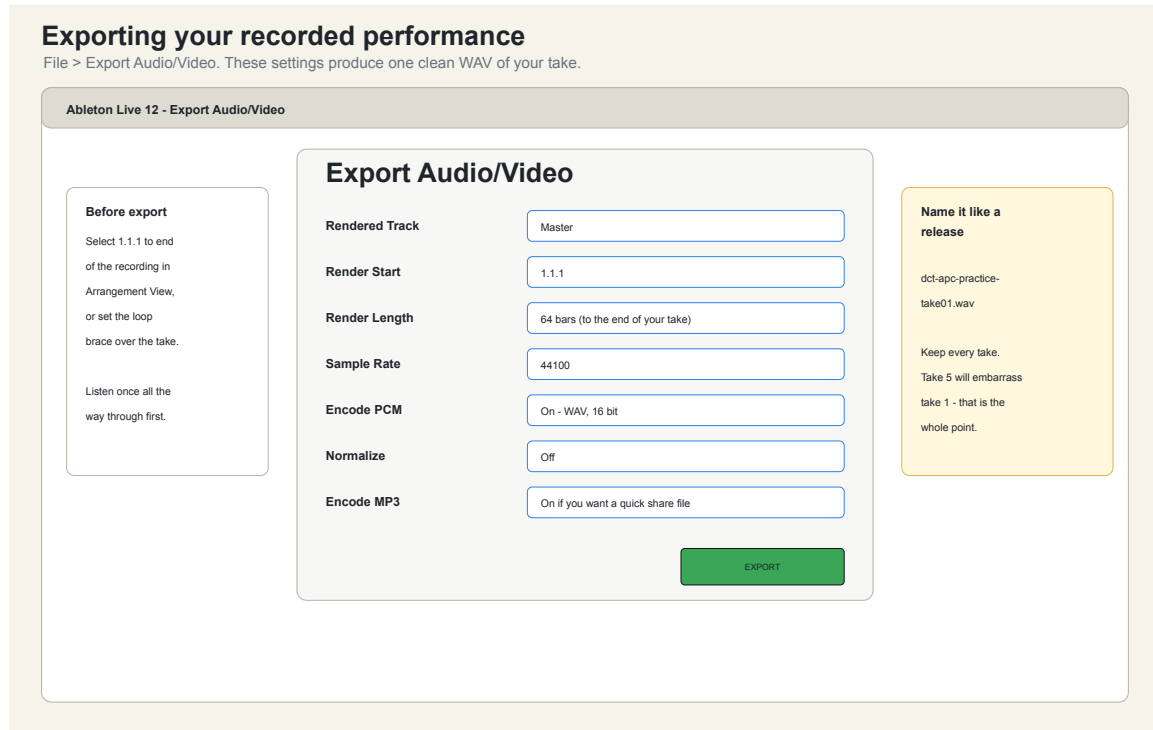


Figure 19: Export Audio/Video settings.

1. In Arrangement View, listen to the recorded take once, all the way through.
2. Select from bar 1 to the end of the recording (click-drag in the beat-time ruler), or set the loop brace over the take.
3. Choose File > Export Audio/Video.
4. Rendered Track: Master. Sample rate: 44100. WAV, 16 bit. Normalize off.
5. Name it like a release: dct-apc-practice-take01.wav.
6. Export, then play the WAV outside Ableton — in a music player, in headphones, on a phone speaker.

Keep every take. Take 5 will embarrass take 1; hearing that distance is the most motivating progress report you can get.

**Checkpoint.** You have a WAV file of your own 64-bar Don't Cry Tonight practice mix that plays outside Ableton. That file is the deliverable this whole book was building toward.

## **24 Daily Practice Plan**

### **24.1 Day 1: Recognition And Grid**

Goal: Ableton sees the APC and the grid launches clips.

Checklist:

1. APC lights up.
2. Live Settings show APC40 mkII as Control Surface.
3. Input and Output are set.
4. Session ring moves.
5. One clip launches.
6. One scene launches.
7. Stop All Clips works.

Stop after this if your brain is full. That is a valid first session.

### **24.2 Day 2: Mixer**

Goal: play the APC as a mixer.

Checklist:

1. Launch GROOVE.
2. Use faders only.
3. Add and remove percussion with a fader.
4. Mute DRUMS for one bar.
5. Unmute cleanly.
6. Fade to END.

### **24.3 Day 3: Sends**

Goal: understand wet/dry space.

Checklist:

1. Return A is Reverb.
2. Return B is Delay.
3. Sends mode controls Send A.
4. Hold Sends plus Track Selector selects Send B.
5. Add reverb to pads.
6. Add delay to trumpet or FX.
7. Keep kick and bass mostly dry.

### **24.4 Day 4: Device Rack**

Goal: one locked effect rack.

Checklist:

1. Create rack on FX.

2. Map eight macros.
3. Select track.
4. Select rack.
5. Lock device.
6. Perform one filter opening.
7. Perform one echo throw.

### **24.5 Day 5: Record A Take**

Goal: record one APC performance into Arrangement.

Checklist:

1. Save the set.
2. Arm Arrangement Record.
3. Perform the five scenes.
4. Stop twice.
5. Listen in Arrangement View.
6. Rename and save the recorded set.

## **25 One-Page Performance Recipe**

Use this exact recipe when you do not want to think.

1. Open APC 0h Long Johnson Practice 01.
2. Connect only APC40 MK2.
3. Confirm Settings: Control Surface APC40 mkII, Input APC40 mkII, Output APC40 mkII.
4. Set Global Quantization to 1 Bar.
5. Press Stop All Clips.
6. Put faders low.
7. Launch INTRO.
8. Raise PADS and FX.
9. Launch GROOVE.
10. Raise DRUMS, BASS, and PERC.
11. Launch HOOK.
12. Raise TRUMPET and HARMONY.
13. Add a little Send A to TRUMPET and PADS.
14. Launch BREAK.
15. Mute DRUMS.
16. Open the filter on FX.
17. Launch HOOK.
18. Unmute DRUMS.
19. Launch END.
20. Fade DRUMS and BASS.
21. Let PADS and FX tail.
22. Press Stop All Clips.

### APC grid performance map: what each row does

Use this as the top-down hardware cheat sheet while practicing the track.

The interface features a 5x8 grid of colored buttons (rows 1-5, columns 1-8) and a scene row (row 6) with buttons labeled STOP, DRUM, PERC, BASS, KEYS, TRPT, HARM, PAD, and FX. Below the grid are buttons for #, S, and REC. A vertical fader is on the left, and a horizontal fader is on the right. A legend box on the right explains the scene rows and how to press them.

**Scene rows**

- 1 Intro: tiny texture, no pressure
- 2 Groove: core loop enters
- 3 Hook: full Kiffness moment
- 4 Break: strip drums and create space
- 5 End: tails, stop, and clean finish

**How to press**

Start with a scene button on the right.  
Then add or swap individual clips in the grid.  
If lost, press STOP ALL and return to Intro.

UP  
LEFT DOWN RIGHT  
PLAY  
RECORD  
SESSION

Figure 20: APC grid performance map.

## 26 Troubleshooting

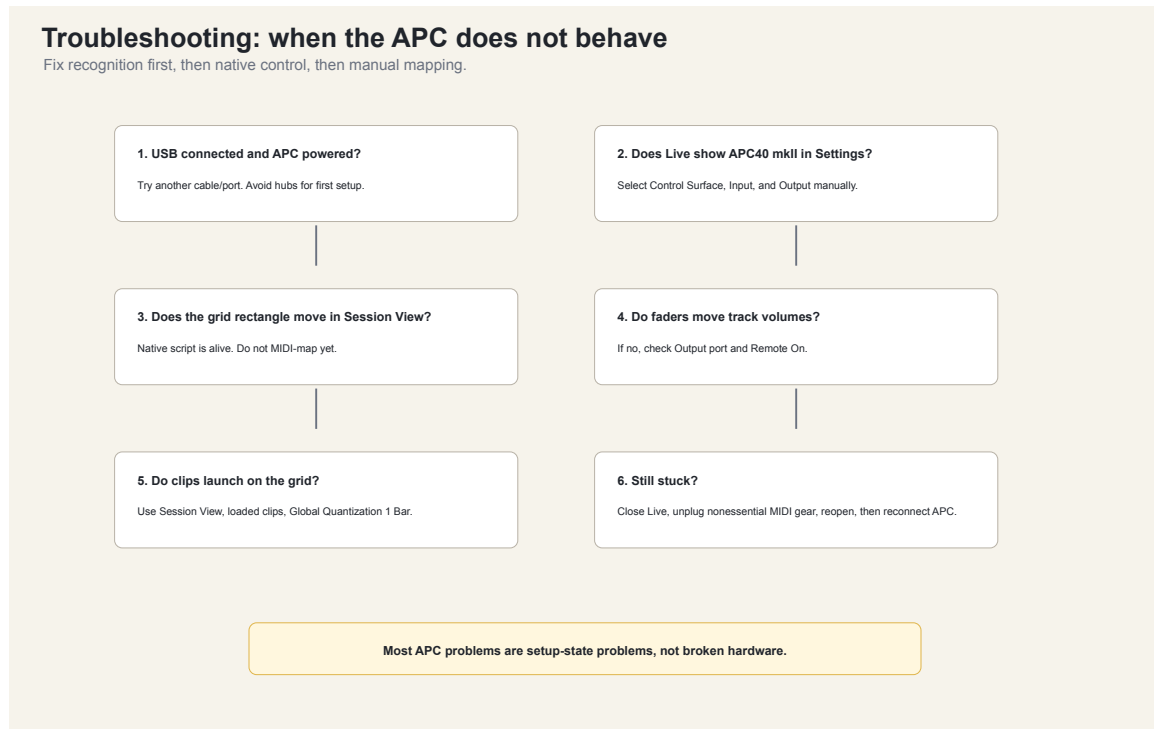


Figure 21: Troubleshooting flow for APC40 MK2 setup.

### 26.1 APC Lights Up, But Live Does Nothing

Likely cause: Ableton has not loaded the native control surface.

Fix:

1. Open Settings.
2. Go to Link, Tempo and MIDI.
3. Set Control Surface to APC40 mkII.
4. Set Input to APC40 mkII.
5. Set Output to APC40 mkII.
6. Close Settings.
7. Move the APC Bank arrows.
8. Look for the Session ring.

### 26.2 Grid Launches Clips, But Faders Do Nothing

Likely cause: output feedback or control surface selection is wrong.

Fix:

1. Confirm the Control Surface row has both Input and Output.
2. Confirm Remote is On for APC input and output.
3. Create a fresh set with one track and one clip.
4. Test fader 1 on track volume.

### **26.3 Faders Work, But Clip Buttons Do Nothing**

Likely cause: you are not in Session View, or the APC ring is not over clips.

Fix:

1. Press Tab to switch to Session View.
2. Put clips inside the visible APC ring.
3. Use Bank arrows to move the ring.
4. Press a clip button that corresponds to a loaded slot.

### **26.4 Clips Start Late**

Likely cause: Global Quantization.

This is usually correct. If Global Quantization is 1 Bar, clips wait until the next bar. To test immediate launching, temporarily set quantization to None. Then put it back to 1 Bar for performance.

### **26.5 Everything Is Too Loud**

Likely cause: all faders are high, plus returns are adding level.

Fix:

1. Pull Master down slightly.
2. Pull FX and returns down.
3. Put kick, bass, and snare at sensible levels.
4. Add pads, harmony, and FX only after the groove is stable.

### **26.6 Manual Mapping Broke Something**

Likely cause: a User mode or MIDI Map assignment is overriding native behavior.

Fix:

1. Enter MIDI Map Mode.
2. Open the Mapping Browser.
3. Delete suspicious mappings.
4. Exit MIDI Map Mode.
5. Save a clean template before experimenting again.

## **27 What To Ignore For Now**

The APC40 MK2 can do more than this book covers. Ignore these until the APC-only basics feel automatic:

- multiple APC controllers;
- deep User mode remapping;
- Max for Live control scripts;
- footswitch recording;
- complex Session Overview navigation;
- elaborate DJ racks;
- MPK integration;

- recording new MIDI parts from another controller;
- custom Python remote scripts.

That is not a limitation. It is how you get fluent faster.

## **28 Final Check**

You are ready to add the MPK later when you can do this without looking up the steps:

1. Connect APC40 MK2.
2. Open Live 12.
3. Confirm native control surface setup.
4. Launch a scene.
5. Launch one individual clip.
6. Stop one track with Clip Stop.
7. Stop all clips.
8. Fade drums, bass, and pads.
9. Mute and unmute one track in time.
10. Select a track.
11. Control a device rack.
12. Add reverb or delay through Sends mode.
13. Record one performance pass into Arrangement.

Once those are easy, the MPK has a clean role: play new musical material. The APC keeps the performance surface job: launch, arrange, mix, transition, and record.